medi FP10 / GP10
Quality compression garments on prescription

December 2010
medi

medi produce medical aids for a variety of conditions and life situations, but we don’t see ourselves solely as a manufacturer. On the contrary, we handle our own research and development, technology, production, and marketing and sales in-house – always keeping our focus on the market, its demands and variables, and the medi vision.
We have the direct connection

Quality every time: in product, in service, in ordering and delivery.
We are always here for you.
This is your medi customer service team.

Sales and customer service:
T 01432 373500
F 01432 373510

You can visit our website:  www.mediuk.co.uk
or contact us by email:    fp10@mediuk.co.uk
or order by email:        sales@mediuk.co.uk

Quality Certificates

medi’s aim is to produce the best quality medical products in the world, guaranteeing effective solutions for a wide range of conditions.

CE mark
Our medi medical products meet all of the requirements of the European Directive 93/42/EEC and of the German Medical Devices Act. In accordance with regulations, our products are subject to the conformity assessment procedures and are granted the CE mark. As a kind of “passport for industrial products”, the CE mark guarantees free trade within the European Economic Area (EEA).

Quality label
Our medical compression garments are regularly checked by the Hohenstein Research Institute according to the quality and test provisions of the RAL-GZ 987. As confirmation that our products meet the quality conditions, you will find the quality label printed on the packaging.

Textile trust quality seal
All compression stockings and garments are regularly examined and rated according to strict standards by independent test centres for any toxic substances potentially damaging to human health. Granting of the Oeko-Tex Standard 100 certificate guarantees: tested quality for the protection of your health.

DIN EN ISO 9001:2000/DIN EN 13485
medi Bayreuth maintains the quality management system according to DIN EN ISO 9001: 2000 and DIN EN 13485. Since 1996, we have demonstrated our ISO 9000 status to our customers with a certificate. From this time, medi has exploited the opportunities offered by this standard to continually improve products from the business units Phlebology, Orthotics, Prosthetics and Hospital in order to organise safer and more efficient processes and procedures. We define customer satisfaction as a decisive measure of quality.

Hohenstein testing device – HOSY
An accurate graduated compression profile is the most important feature of a medical compression garment.
Your compression stocking is the ideal introduction to the world of healthy venous living. It is the basic form of therapy for patients with venous disorders. In combination with a healthy lifestyle, with increased awareness of your veins, it can delay the progression of venous diseases or even prevent them completely. You will soon notice that your mediven compression stocking is good for you and your well-being, and that it is improving your whole quality of life.

medi hosiery on prescription

Our comprehensive range of compression garments is now available on prescription.

We have supplied quality garments to Hospitals for many years – now we are ensuring that the best treatment can continue into the community by making an extensive product range available on FP10 / GP10.
Overview

Quality garments on prescription

RAL standard on prescription
There is now a category in the Drug Tariff for compression garments for lymphoedema. This includes mediven 95 armsleeves and a range of mediven stockings which are manufactured to RAL standard.

What’s different?
While still being called class 1, 2 and 3 mediven leg garments are of higher compression value than those previously available on FP10 for vascular conditions (Fig 1.) and are quality tested to the more demanding RAL standard. Prescribers need to be aware of this variance in order to treat the patient appropriately for their condition. The compression gradient is different to that of the British or French Standard compression hosiery in order to produce the therapeutic effects required in the treatment of lymphoedema and some vascular conditions. The RAL standard requires frequent stringent testing by the Hohenstein Institute and is the gold standard for compression garments. A European Standard was considered but then discarded in 2002 as there was no testing protocol in place.

Fig 1. - Compression Hosiery - Pressure Comparison Table

| mmHg | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | 41 | 42 | 43 | 44 | 45 | 46 |
|------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| RAL Standard | class 1 | class 2 | class 3 |
| British Standard | class 1 | class 2 | class 3 |
| French Standard | class 1 | class 2 | class 3 |

What does this mean in practice?
Measuring and fitting these garments is as simple as with previous garments. The garments have an expected lifespan of 6 months of normal daily use and can be washed on a gentle machine wash cycle. Patients are usually supplied with two garments per limb, one to wash and one to wear.

Patients would normally be reviewed by the prescriber or lymphoedema specialist every 6 months, however significant changes in patient condition, weight loss or weight gain may change the requirements during this period.

Indication for stockings

Effective verified compression

RAL Class 1 (18 – 21 mmHg)
Mild lymphoedema or varicosis.

RAL Class 2 (23 – 32 mmHg)
Mild/moderate lymphoedema, pronounced varicosis with oedema or after healing minor ulcers.

RAL Class 3 (34 – 46 mmHg)
Moderate lymphoedema, significant varicosis or after healing of severe ulcers.

RAL Standard Hohenstein (HOSY) tested

• Contra-indications:
  According to the guidelines of the German Phlebological Society (published in 1996, German Journal “Phlebologie”):

• Absolute contra-indications:
  Advanced, peripheral arterial occlusive disease, decompensated heart disease, septic phlebitis, Phlegmasia coerulea dolens.

• Relative contra-indications:
  Suppurative dermatoses, intolerance of compression stocking fabric, sensory disturbances of the limb, advanced peripheral neuropathy, primary chronic arthritis.

medi assumes no liability as a result of any contra-indicated use of this product.
Phlebology

Your compression stocking is the ideal introduction to the world of healthy venous living. It is the basic form of therapy for patients with venous disorders. In combination with a healthy lifestyle, with increased awareness of your veins, it can delay the progression of venous diseases or even prevent them completely. You will soon notice that your mediven compression stocking is good for you and your well-being, and that it is improving your whole quality of life.

mediven®
The brand to remember for venous and oedema therapy.

medi thinks venous health right through to the end. Your patient can rely on mediven products; they are tailored for maximum compliance to guarantee the best possible treatment success.

We have the right compression garment for every indication. They are manufactured to the highest standard on modern machines using the best available yarns. All garments are clinically effective and are designed to be as comfortable as possible to encourage patient compliance. medi also supply a wide range of fitting aids and other accessories to assist with compression therapy.

medi creates first class brand quality with that certain something: the medi concept factor.
mediven® plus

The tried and tested open toe RAL compression stocking.

Accurate graduated compression
To achieve the best possible clinical results mediven plus stockings are available in:
- 3 RAL compression classes
- 7 sizes
- 2 leg lengths
- Extra wide variants

Less made-to-measure
The wide range of sizes and variants available ensures that a vast majority of patients will fit into a standard garment without the need for made-to-measure options. Styles available include:
- Below knee
- Below knee extra wide
- Thigh length with silicone topband
- Thigh length extra wide with silicone topband
- Thigh with waist attachment

Mode of action
Tried and tested RAL quality compression, popular with both men and women. mediven plus provides reliable, accurate and comfortable compression.

Features
Patients will feel self confident wearing a stocking that not only provides accurate compression but is also soft, supple and hypo-allergenic.

The advanced construction of the yarn ensures mediven stockings are:
- Very comfortable
- Highly elastic
- Hard wearing and durable
- Suitable for washing and spin drying
- Latex Free

medivens should be replaced after 6 months.

mediven have a range of aids to assist in the application and removal of compression hosiery, please ask for details.

---

mediven® plus

Product benefits
Pleasant on the skin, hard-wearing and opaque.

Confidence in Textiles
Tested for harmful substances according to Oeko-Tex Standard 100

RAL CCL 1, 2, 3
RAL class 1: 18 – 21 mmHg
RAL class 2: 23 – 32 mmHg
RAL class 3: 34 – 46 mmHg

Colours
mediven plus is available in beige and black on prescription.

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mediven®
elegance

The soft and attractive closed toe option

The yarn and knit used to manufacture mediven elegance produces a sheer stocking that is clinically effective in RAL compression classes 1 and 2.

Available as:
- Below knee
- Thigh length with silicone toplband
- Thigh length extra wide with silicone toplband
- Tights

Mode of action
The sheer medical compression stocking with a unique soft and supple fit. The stocking offers an ideal combination of medical efficacy, wearing comfort and attractive appearance.

Features
Our compression stockings benefit from Clima-Comfort Technology. This brings your patients:
- Elasticity
- Softness
- Durability

mediven elegance sets new standards:
- The air-permeable leg section and the patent knit allow the skin to breathe
- Hypo-allergenic materials minimise skin sensitivities
- Latex-free
- Softness: Uncoated inlaid threads and multi-filament fibres make them more comfortable to wear
- Closed toe with a highly elastic foot size

mediven have a range of aids to assist in the application and removal of compression hosiery, please ask for details.

<table>
<thead>
<tr>
<th>mediven elegance</th>
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<td>Class 2 Code</td>
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<td>cC thigh with silicone toplband</td>
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<tr>
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<tr>
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<tr>
<td>AD calf stocking</td>
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<tr>
<td>AG full leg stocking</td>
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</table>

Closed toe stockings fit up to UK shoe size 9.
mediven® for men

Ribbed closed toe below knee stocking for the active patient

Venous disease affects men and women in roughly equal numbers - yet three times more women than men wear compression hosiery. To redress the balance medi have developed mediven for men, top quality compression garments that are designed to look, feel and be worn like conventional socks. And they still provide an accurate graduated compression profile; mediven for men – discreet and effective.

Available in:
- RAL compression classes 1 and 2
- Calf length, standard and petite
- Closed toe for UK shoe sizes 3 - 11

Sizes I to VII

Mode of action
mediven for men is a below-knee stocking with a durable ribbed design that provides effective support whatever the activity. The construction of the high-tech fibres transports moisture to the outer surface of the stocking maintaining comfort even whilst active. The toe area is tapered to ensure a comfortable fit all day long. Latex-free.

Available in:
- RAL compression classes 1 and 2
- Calf length, standard and petite
- Closed toe for UK shoe sizes 3 - 11

Sizes I to VII

Length: size in cms

<table>
<thead>
<tr>
<th>Size</th>
<th>I</th>
<th>II</th>
<th>III</th>
<th>IV</th>
<th>V</th>
<th>VI</th>
<th>VII</th>
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<td>32</td>
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Length: size in cms

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<tr>
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Circumference: size in cms

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<th>III</th>
<th>IV</th>
<th>V</th>
<th>VI</th>
<th>VII</th>
</tr>
</thead>
</table>
mediven®
ulcer kit

Cost effective treatment for crural venous ulcers.

The mediven ulcer kit helps you to manage your patients’ venous ulcers without the bulk of a multi layer bandage system and the resources required to apply and maintain them. By using two stockings during the day, each providing 20mmHg, the clinically proven 40mmHg is applied at the ankle.

How it works
The grey mediven ulcer liner stocking is applied over the top of any wound dressing. When active the patient wears the mediven plus stocking over the liner to give a total compression of 40mmHg at the ankle. The liner stockings contain interwoven silver which helps to reduce odour.

Care instructions
mediven ulcer liner stocking can be washed at 95 °C, mediven plus at 40 °C. Both can be cool tumble dried.

mediven ulcer kit
- Ensures rapid application of accurate compression
- Allows patient to self manage pressure level
- Is less bulky than bandaging, improving comfort and mobility
- Offers an increase in patient confidence, independence and concordance
- Is machine washable

Product benefits
Unique product properties meet doctors’ and patients’ highest demands for reliable and safe graduated compression.

Ordering information
The mediven ulcer kit can be ordered as a kit or as individual components. The kit contains:
- 2 x liners (understockings)
- 1 x mediven plus over stocking
- 1 x easy-on applicator
Additional mediven plus stockings can be ordered separately.

mediven ulcer kit

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<th>Below knee (cm)</th>
<th>Heel (cm)</th>
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<td>20 – 22</td>
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<tr>
<td>III</td>
<td>22 – 24</td>
<td>33 – 40</td>
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<td>24 – 26</td>
<td>35 – 43</td>
<td>34 – 42</td>
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<tr>
<td>V</td>
<td>26 – 28</td>
<td>37 – 46</td>
<td>36 – 45</td>
<td></td>
<td>orange</td>
</tr>
<tr>
<td>VI</td>
<td>28 – 30</td>
<td>39 – 49</td>
<td>38 – 48</td>
<td></td>
<td>green</td>
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<tr>
<td>VII</td>
<td>30 – 32</td>
<td>41 – 51</td>
<td>40 – 50</td>
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length: Floor (A) to below knee (D) in cms

<table>
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<td>ulcer kit</td>
<td>DT 276</td>
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<tr>
<td>liner refill</td>
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</table>

(2 per pack, universal length)

Inspection opening
The inspection opening under the foot of the mediven ulcer is primarily designed for patient safety. The circulation can be observed at any time and interdigital hygiene supported.

Soft end band
The soft end band gives a secure hold and does not constrict.

Instep/heel area
The knitted colour marking in the instep/heel area allows precise positioning in the heel and, together with the colour-coded sizing band, allows rapid and reliable determination of stocking size. The shaped heel area provides optimum pressure reduction.

length: Floor (A) to below knee (D) in cms
mediven® 95 armsleeve and gloves

Quality upper limb compression

Indications
For treatment in primary and secondary lymphoedema (ISL stages 1 & 2) of the arm with permanent or partial oedema of the hand. Post-operative and post-traumatic oedema and burns therapy.

Mode of action
Growing knowledge encourages new developments. Since its market launch, mediven 95 has been continuously improved to benefit from new findings in lymphology.

Available in:
- Armsleeve
- Combined armsleeve
- Armsleeve with grip top
- Combined armsleeve with grip top
- Glove with compressive fingers

Features
Seamless, soft and attractive fibre
- Ease of handling, comfortable to wear
- Secure fit, non-slip knit
- Skin friendly, air permeable, fine-meshed
- Suitable for cool machine washing and cool tumble drying

Beige only
Latex-free

Beige only
Latex-free

Compression
RAL CCL 1, 2

Product benefits

Colours
mediven 95 is available in beige on prescription.

mediven 95 armsleeve

<table>
<thead>
<tr>
<th>Styles</th>
<th>CC</th>
<th>CG long</th>
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<td>AG long</td>
<td>AG/SN</td>
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<tr>
<td>glove with compressive fingers</td>
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Standard sizes circumference in cms

<table>
<thead>
<tr>
<th>Sizes</th>
<th>H</th>
<th>III</th>
<th>IV</th>
<th>V</th>
<th>VI</th>
<th>VII</th>
</tr>
</thead>
</table>

Length: C (wrist) to G (top of arm): standard 40 – 44 cm, long 44 – 48 cm
duomed®
British Standard (Specification 40) garments

The economic solution for venous problems.

Graduated compression elastic hosiery in compliance with British Standard (BS 6612:1985)

- Three compression classes
- Below knee and full thigh length available in all classes
- Machine washable
- Latex free
- Simple size selection
- Open toe in BS ccl 1, 2 and 3
- Closed toe in BS ccl 1 only

Compression
BS CCL 1, 2, 3

Product benefits
Economic wear for daily care.

Clima Fresh

BS class 1: 14 – 17 mmHg
BS class 2: 18 – 24 mmHg
BS class 3: 25 – 35 mmHg

Colours
Duomed is available in beige only.

<table>
<thead>
<tr>
<th>Sizes</th>
<th>Mean ankle circumference</th>
<th>cB Ankle measurement</th>
<th>cC Calf measurement</th>
<th>cG Thigh measurement</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 (small)</td>
<td>20 cms</td>
<td>19 – 21 cms</td>
<td>28 – 34 cms</td>
<td>42 – 56 cms</td>
</tr>
<tr>
<td></td>
<td>(7 3/4 – 8 1/2 ins)</td>
<td>(11 – 13 1/2 ins)</td>
<td>(16 1/2 – 22 1/2 ins)</td>
<td></td>
</tr>
<tr>
<td>2 (medium)</td>
<td>23 cms</td>
<td>22 – 24 cms</td>
<td>22 – 38 cms</td>
<td>48 – 62 cms</td>
</tr>
<tr>
<td></td>
<td>(8 3/4 – 9 1/2 ins)</td>
<td>(12 1/2 – 15 1/2 ins)</td>
<td>(18 1/4 – 24 1/4 ins)</td>
<td></td>
</tr>
<tr>
<td>3 (large)</td>
<td>26 cms</td>
<td>25 – 27 cms</td>
<td>36 – 42 cms</td>
<td>54 – 68 cms</td>
</tr>
<tr>
<td></td>
<td>(9 3/4 – 10 1/2 ins)</td>
<td>(14 1/2 – 16 1/2 ins)</td>
<td>(21 1/4 – 27 1/4 ins)</td>
<td></td>
</tr>
<tr>
<td>4 (x large)</td>
<td>29 cms</td>
<td>28 – 30 cms</td>
<td>40 – 46 cms</td>
<td>60 – 74 cms</td>
</tr>
<tr>
<td></td>
<td>(11 – 12 ins)</td>
<td>(16 – 18 1/2 ins)</td>
<td>(24 – 29 1/2 ins)</td>
<td></td>
</tr>
</tbody>
</table>

duomed sizing chart

<table>
<thead>
<tr>
<th>Styles</th>
<th>AD</th>
<th>AG</th>
</tr>
</thead>
<tbody>
<tr>
<td>open toe</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Class 1</td>
<td>148</td>
<td>149</td>
</tr>
<tr>
<td>Class 2</td>
<td>152</td>
<td>153</td>
</tr>
<tr>
<td>Class 3</td>
<td>154</td>
<td>155</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Styles</th>
<th>AD</th>
<th>AG</th>
</tr>
</thead>
<tbody>
<tr>
<td>closed toe</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Class 1</td>
<td>150</td>
<td>151</td>
</tr>
</tbody>
</table>
medi understand the need for accurate graduated compression. To meet this demand we have a comprehensive range of garments available on prescription.

Stockings and armsleeves are designed to provide accurate graduated compression that reduces from the ankle (or wrist) towards the body. In order for the correct ‘dose’ of pressure to be applied it is important to select the correct compression class and then size of garment using the relevant measuring chart. An overview of the whole range follows but please remember that our customer services team are on hand during normal working hours if you need further assistance. Simply telephone 01432 373500 during normal working hours and we promise our telephones will be answered by a person and not a machine!
duomed® compression hoseiology

Selection of correct size
a) Measure the ankle, taking the circumference around the narrowest point (usually about 2 inches above the ankle bone).

b) Select size of garment by referring to Column 1 in the chart below.

c) For knee length stockings take one more measurement around the calf (the widest point below the knee) and check that this measurement falls within the range shown against the selected size in column 2 to ensure that the selected size will fit the patient.

d) For thigh stockings take the calf measurement as referred to in (c) above and also a thigh measurement. Check that both these measurements fall within the ranges shown in columns 2 and 3 to ensure that the selected size will fit the patient.

mediven® product code overview

In order to prescribe the garment that your patient requires, state the mediven range (eg, plus, elegance etc), the compression class, style (eg, below knee), colour and size.

<table>
<thead>
<tr>
<th>Product codes / sizes</th>
<th>Prescribable FP10</th>
<th>Product codes / sizes</th>
<th>Prescribable FP10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class 1 (14 - 17 mmHg) Light compression</td>
<td>148/1</td>
<td>Small</td>
<td>148/1</td>
</tr>
<tr>
<td>Class 2 (18 - 24 mmHg) Medium compression</td>
<td>152/1</td>
<td>Small</td>
<td>152/2</td>
</tr>
<tr>
<td>Class 3 (25 - 35 mmHg) Strong compression</td>
<td>154/1</td>
<td>Small</td>
<td>154/2</td>
</tr>
</tbody>
</table>

Example code:
DT201/0/IV
DT – Drug Tariff /0 (style and compression) /0 (colour) / IV (size)
This code can be used to assist in ordering.

Codes for ordering colours:
B - Beige
5 - Black
3 - Marine (for men only)

mediven ulterior kit - size I-VII

<table>
<thead>
<tr>
<th>Description</th>
<th>Ulcer Kit (2x liner, 1x plus stocking)</th>
<th>Liner refill (1 per pack)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standard</td>
<td>DT275</td>
<td>DT277</td>
</tr>
<tr>
<td>Petite</td>
<td>DT276</td>
<td>N/A</td>
</tr>
</tbody>
</table>

duomed® sizing chart

<table>
<thead>
<tr>
<th>Mean ankle circumference</th>
<th>Calf circumference</th>
<th>Thigh circumference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>20 cms</td>
<td>19 - 21 cms (7 - 8 1/2 ins)</td>
</tr>
<tr>
<td>Medium</td>
<td>23 cms</td>
<td>25 - 27 cms (9 3/4 - 10 1/2 ins)</td>
</tr>
<tr>
<td>Large</td>
<td>26 cms</td>
<td>28 - 30 cms (11 - 12 ins)</td>
</tr>
</tbody>
</table>

duomed style and code chart (Prescribable FP10)

<table>
<thead>
<tr>
<th>Product style, code and sizing charts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Selection of correct size</td>
</tr>
</tbody>
</table>

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mediven® product catalogue

mediven® product catalogue

• FP10/GP10
• medi product catalogue

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• FP10/GP10
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